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If your child has an eating disorder, it is very important to get professional help, quickly. This book stresses that fact. It is not a self-help book, but it does help one to understand the disease and the long road to recovery. It also includes a list of clinics that specialize in teenage eating disorders.

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When families work together to get the most out of treatment and prevent relapse, eating disorders can be beat. This book is your essential roadmap. Featuring the latest research, resources, and diagnostic information, the second edition has been expanded to cover binge-eating disorder.

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